

# 2010 GB001 - Mt. Tzouhalem

## Long Course - 13 km

May 8, 2010

Position		Time	Pace*		Name	Club
OA	Age Group		Mile	km		
33	4/13	<a href="#">F3039</a>	1:20:18	9:56 6:11	<a href="#">Kathy Rung</a>	<a href="#">Comox Valley Road</a>
73	18/18	<a href="#">M3039</a>	1:38:41	12:1 7:35	<a href="#">Chris Lamothe</a>	<a href="#">Comox Valley Road</a>
74	9/13	<a href="#">F3039</a>	1:38:42	12:1 7:36	<a href="#">Veronique Dion</a>	<a href="#">Comox Valley Road</a>
78	7/13	<a href="#">F5059</a>	1:42:25	12:4 7:53	<a href="#">Mary Ann Rolfe</a>	<a href="#">Comox Valley Road</a>
83	9/9	<a href="#">M5059</a>	1:45:59	13:0 8:09	<a href="#">Leo Rolfe</a>	<a href="#">Comox Valley Road</a>

## Short Course - 7 km

Position		Time	Pace*		Name	Club
OA	Age Group		Mile	km		
46	3/5	<a href="#">M1619</a>	1:00:18	13:5 8:37	<a href="#">Fergie Robinson</a>	<a href="#">Comox Valley Road</a>
56	3/3	<a href="#">M5059</a>	1:03:30	14:3 9:04	<a href="#">Chris Robinson</a>	<a href="#">Comox Valley Road</a>