

**Prairie Inn Pioneer 8K - January 9, 2011**

Comox Valley Road Runners Results - 23 Finishers											
Position			Name	Club/Sponsor	Time	Pace		Points		Club	
Club	OA	Group				KM	Mile	Individual			
								New	Old		
1	36	4/51	<a href="#">M4549</a> Vince Brotherston	<a href="#">Comox Valley Road Runners</a>	29:13	3:39	5:53	734	743	17	
2	47	4/54	<a href="#">M5054</a> Keith Wakelin	<a href="#">Comox Valley Road Runners</a>	30:06	3:46	6:03	712	721	17	
3	51	8/51	<a href="#">M4549</a> Terry Nielsen	<a href="#">Comox Valley Road Runners</a>	30:14	3:47	6:05	709	718	13	
4	58	7/27	<a href="#">M3034</a> Brad Crowe	<a href="#">Comox Valley Road Runners</a>	30:25	3:48	6:07	705	714	14	
5	75	11/43	<a href="#">M4044</a> Chris Winkelaar	<a href="#">Comox Valley Road Runners</a>	31:41	3:58	6:22	677	685	10	
6	84	12/51	<a href="#">M4549</a> Steven Royer	<a href="#">Comox Valley Road Runners</a>	31:56	4:00	6:25	671	680	9	
7	103	3/34	<a href="#">F4044</a> Mary Bridges	<a href="#">Comox Valley Road Runners</a>	32:32	4:04	6:33	748	667	18	
8	112	16/51	<a href="#">M4549</a> Eric Martinat	<a href="#">Comox Valley Road Runners</a>	33:10	4:09	6:40	646	655	5	
9	215	24/54	<a href="#">M5054</a> Hans Gane	<a href="#">Comox Valley Road Runners</a>	36:03	4:30	7:15	595	602	1	
10	218	29/51	<a href="#">M4549</a> Mark Arsenault	<a href="#">Comox Valley Road Runners</a>	36:09	4:31	7:16	593	601	1	
11	221	1/16	<a href="#">F6064</a> Roslyn Smith	<a href="#">Comox Valley Road Runners</a>	36:11 *	4:31	7:17	672	600	20	
12	236	7/42	<a href="#">F4549</a> Robyn Dicesare	<a href="#">Comox Valley Road Runners</a>	36:46	4:36	7:24	662	591	14	
13	359	15/46	<a href="#">F5054</a> Karen Weller	<a href="#">Comox Valley Road Runners</a>	40:34	5:04	8:10	600	535	6	
14	363	4/22	<a href="#">F5559</a> Mary Ann Rolfe	<a href="#">Comox Valley Road Runners</a>	40:35 *	5:04	8:10	599	535	17	
15	405	9/16	<a href="#">M6569</a> Jack Penfold	<a href="#">Comox Valley Road Runners</a>	42:03	5:15	8:28	510	516	12	
16	422	15/22	<a href="#">F2024</a> Lindsay Wakelin	<a href="#">Comox Valley Road Runners</a>	42:21	5:18	8:31	574	513	6	
17	433	27/31	<a href="#">M5559</a> Leo Rolfe	<a href="#">Comox Valley Road Runners</a>	42:51	5:21	8:37	500	507	1	
18	458	7/9	<a href="#">M7074</a> Adam Simpson	<a href="#">Comox Valley Road Runners</a>	43:48	5:28	8:49	489	496	14	
19	467	25/35	<a href="#">F2529</a> Caroline McGaw	<a href="#">Comox Valley Road Runners</a>	44:17	5:32	8:55	549	490	1	
20	484	25/46	<a href="#">F5054</a> Debra Rigler	<a href="#">Comox Valley Road Runners</a>	44:54	5:37	9:02	542	484	1	
21	528	9/9	<a href="#">M7074</a> Tom Munro	<a href="#">Comox Valley Road Runners</a>	47:01	5:53	9:27	456	462	12	
22	562	50/54	<a href="#">M5054</a> Brian Balfe	<a href="#">Comox Valley Road Runners</a>	48:36	6:05	9:47	441	447	1	
23	578	1/4	<a href="#">F7074</a> Diane Palmason	<a href="#">Comox Valley Road Runners</a>	50:18 *	6:17	10:07	484	432	20	

## Club Standings

Pos	Club	Total Club Points	Jan 9	Jan 23	Feb 6	Feb 20	Mar 6	Mar 20	Apr 3	Apr 17
			Prairie Inn Pioneer 8K	Cobble Hill 10K	Cedar 12K	Hatley Castle 8K	Bazan Bay 5K	Comox Valley Half Marathon	Merville 15K	Sooke River 10K
1	<b>Prairie Inn Harriers (74 Finishers)</b>	<b>952</b>	952 <a href="#">(74)</a>	-	-	-	-	-	-	-
2	<b>Bastion Running Club (27 Finishers)</b>	<b>268</b>	268 <a href="#">(27)</a>	-	-	-	-	-	-	-
3	<b>Frontrunners Westshore (20 Finishers)</b>	<b>238</b>	238 <a href="#">(20)</a>	-	-	-	-	-	-	-
4	<b>Comox Valley Road Runners (23 Finishers)</b>	<b>230</b>	230 <a href="#">(23)</a>	-	-	-	-	-	-	-
5	<b>CeeVacs Road Runners (24 Finishers)</b>	<b>168</b>	168 <a href="#">(24)</a>	-	-	-	-	-	-	-
6	<b>Team West Coast (23 Finishers)</b>	<b>141</b>	141 <a href="#">(23)</a>	-	-	-	-	-	-	-
7	<b>Island Road Racers (11 Finishers)</b>	<b>123</b>	123 <a href="#">(11)</a>	-	-	-	-	-	-	-
8	<b>National Triathlon Centre (6 Finishers)</b>	<b>116</b>	116 <a href="#">(6)</a>	-	-	-	-	-	-	-
9	<b>Victoria Flatliners (11 Finishers)</b>	<b>106</b>	106 <a href="#">(11)</a>	-	-	-	-	-	-	-
10	<b>Ladysmith Striders (10 Finishers)</b>	<b>79</b>	79 <a href="#">(10)</a>	-	-	-	-	-	-	-