

*The Comox Valley Road Runners
are excited to present:*

**The Comox Valley Half Marathon
Sunday, March 21st, 2010**



**11 am start
(10am for walkers)
at the Florence
Filberg Centre**

Registration forms are available at:
Extreme Runners, or online at
www.vira.bc.ca

FMI visit www.cvrr.ca

On Sunday March 21, 2010 the Comox Valley Road Runners present the Comox Valley Half Marathon as part of the Frontrunners Island Race Series. This event draws more than 500 hundred participants annually from around the island and lower mainland. Each year two charities are selected to receive donations from this event. The charities selected for 2010 are the Comox Valley Cycling Coalition and the Comox Valley Therapeutic Riding Society.

